

The Mental Health Professional program follows the Saint Paul Public Library's (SPPL) Trauma Sensitive approach to spaces and services that are safe, welcoming, and comfortable for people of all cultures, abilities, and communities. We recognize that community members may be experiencing trauma from lived experiences, and the library is here to be a safe space where they can be connected to the services and resources they need.

By The Numbers

696

Number of consultations with community members to provide one-to-one mental health assistance

412

Referrals made to connect community members to resources outside of the library

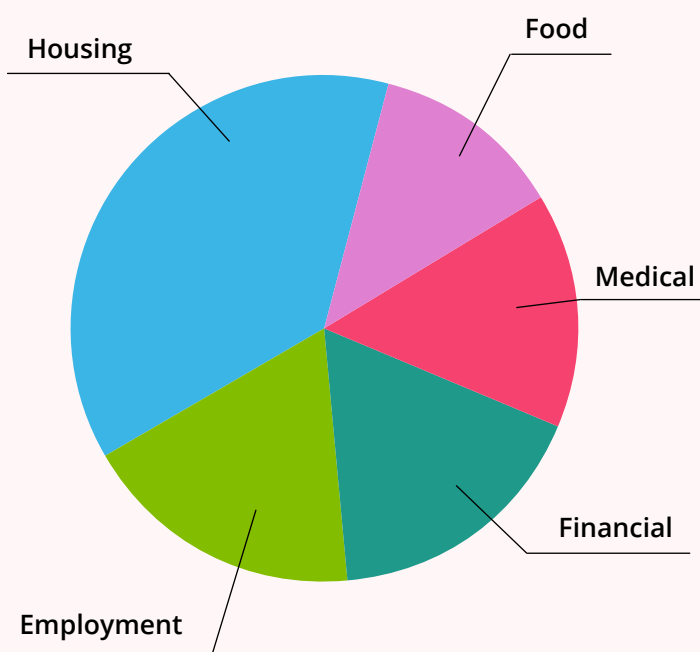
388

Patrons returned for additional consultations

308

New community members came to the library for support meeting critical needs

Top five most frequent needs addressed by Library mental health professional in 2024



Spotlight

Library staff referred a patron to meet with the Library mental health professional. The patron was asking for help with housing and substance use treatment. Together, the patron and Library mental health professional called Meridian Behavioral Health and went through Meridian's phone intake screening right then. The patron qualified for their residential treatment program, and Meridian sent transportation to pick them up at the library to begin treatment that same day. This interaction is an impactful example of how the Library supports and connects patrons to the services they need.