I AM POEM

Instructions: Fill in the blanks in this template to write an “I am” poem of your own.

My identities are not obstacles but my superpowers.

I am more than __________________________________________________________ and

__________________________________________________________.

(Identity labels that others may define you with)

I am from __________________________________________________________ and

__________________________________________________________.

(meaningful memories, phrases, values, or personal items that have impacted you)

I celebrate the strength found in ______________________________________.

(add anything here)

I fearlessly embrace ________________________________________________.

(add anything here)

My identity is my superpower. Because the truth is, I am what the world looks like.

Note: This poem was inspired by America Ferrera’s Ted talk called “My Identity is a superpower — not an obstacle.”