



Darius the Great is Not Okay Book Discussion Questions

1. How is Darius' depression different from his dad's? How is it the same?
2. Why is Darius and Sohrab's friendship different from any of Darius' other relationships?
3. Sohrab helps Darius when he is sad. How would you help a friend who is sad?
4. What does it mean to be "okay" or "not okay" for Darius? What does it mean for you?*
5. What does Darius do to hide his depression, and what happens when he stops hiding it?
6. Why was it important for Darius and his father to talk to each other about their depression?