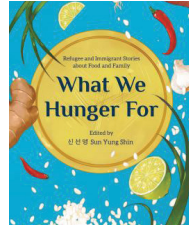


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What We Hunger For Discussion Questions

1. How do the recipes add to the stories? What is your favorite recipe to cook for other people?
2. Several essays describe how their clearest memories of loved ones include food. What early memories do you have that center food? How is food connected to your home of origin? How might food connect you to your ancestors?
3. Many of these essays draw on the healing that food works in our lives, in growing it, harvesting, preparing, serving, eating. Can you think of a time when food has healed you? How has food brought community together in your life? What kinds of foods or healing practices have been helping you during the pandemic?
4. What do you think the prevalent perception of food from Minnesota might be to an outsider? Is that perception changing? Did reading these essays change your perception?
5. What is your understanding of where food comes from and how it gets to you? How might it impact what you make, how you eat, and what you taste?

Some questions borrowed from Cho, Victoria. A Conversation with Sun Yung Shin; Apogee Journal, 2021.



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