Astrid and Apollo and the Starry Campout by V.T. Bidania

Book Discussion Questions

1. Astrid and Apollo go camping with their family. What outdoor activities do you enjoy? Where do you do these activities?

2. Astrid and Apollo travel outside the Twin Cities to camp. Have you traveled outside the Twin Cities with your family? If yes, where have you gone? If no, where would you like to go?

3. Astrid overcomes her fears and learns to love the outdoors while tucked safely in her tent at night. Have you ever been afraid of an activity? How did you stop being afraid so that you could participate?

4. Astrid and Apollo enjoy sticky rice, egg rolls, Hmong sausage, and papaya salad. If you went camping, what food would you or your family make? What food is special to your family?

5. Apollo’s Hmong name, Nou Kou, means “star.” Is there a story behind your name? What is the story? If you’re not sure, is there someone you could ask?

6. What are some things that define a culture? Astrid and Apollo are Hmong. Share some examples of Hmong culture you saw in the book. What are examples of your culture?